

# German Cockroach Prevention Guide

**The following steps can ensure rapid elimination and long-term prevention:**

- German cockroaches are most effectively controlled through proper sanitation and maintenance. Eliminate food debris and standing water that can serve as food sources. Seal cracks, crevices, and gaps that may serve as harborage areas.
- Keep storage areas dry and well organized, allowing space between items. Eliminate clutter.
- Ensure that floor drains and garbage disposals are free of food waste. A regular cleaning schedule should be developed for these areas.
- German cockroaches like to live in environments with wood and paper. Remove any excess storage of these items, especially cardboard, which is a favorite of German cockroaches.
- Do not attempt to spray over-the-counter pesticides to eliminate German cockroaches. By disturbing the cockroaches with these pesticides, a localized problem can actually spread to other areas of a facility.
- German cockroaches prefer mild to warm, humid environments that offer access to food and water.
- These pests hide in dark areas and often shy away from light.
- Most commonly found in kitchens, but can be seen in any area of a structure that offers the above conditions such as bathrooms and bedrooms in residences.
- We use a combination of attractant and non-repellent products to treat for German cockroaches. As a result, other products should not be mixed with these products as they can actually work against one another and prolong elimination. Because our products will not kill the insects immediately after making contact, it should be noted that there will be residual activity during the course of the cockroach project. This is normal as the insects will not detect the presence of the products while they are in use.